

# **SharkBait Dive Club**

# SharkBait Dive Club And Seas the Day SCUBA Dive Club

As was announced last month in the newsletter and at the club meeting, Seas the Day SCUBA Dive Club and SharkBait have joined into one organization. We will be SharkBait Dive Club sponsored by Seas the Day SCUBA.

Two leaders of the Seas the Day Dive Club, Dieter Jacobs and Kevin Streeter have joined the Board of the club as active members and we are fortunate to have their enthusiasm, knowledge and talents. Dieter and Kevin will be our liaison with the store in addition to coordinating Boat Dives and working with Martin on beach dives.

As mentioned last month, Casey Connel, owner of Seas the Day SCUBA is offering SharkBait Dive Club members 10 free air fills or 5 free Nitrox fills, a 10% merchandise discount, except on cylinders, weights, camera equipment and accessories, which have skimpy markups, and discounts on sponsored boat dives.







August 8 Club Meeting 6:30 Graziano's Italian, Yorba Linda

Til Aug 13 OC Fair

August 19 NIGHT Beach Dive Shaws Cove, Laguna Beach 7:00 PM RSVP to Martin

Sep 1 - 3 Orange Int'l Street Fair Old town Orange

Sep 1 - 24 L.A. County Fair Pomona Fair Grounds

Sep 8 - 10 Long Beach Lobster Festival Rainbow Lagoon

Sep 16 Coastal Cleanup Day 9:00 to Noon Various Locations

Sep 23 Boat Dive 6:30AM board, Asante Dive Boat Ports of Call San Pedro, Oil Rigs





### Do You DIR?

From an article in Dive.in Posted by Thomas Grønfeldt Senger

#### WHAT IS DIR?

DIR, unlike PADI, NAUI and the other diving organizations, is not a distinct training organization, but rather a diving philosophy or methodology that encompasses skills, planning, equipment, and much more. It is quite possibly both the most celebrated and most criticized diving methodology currently.

DIR in scuba diving stands for "Doing It Right" and they are best known for their philosophy of dive kit setup, but actually, DIR encompasses a series of principles of diving that spans the entire palette; from skills to gear to planning to logging, and more.

It is taught primarily by two organizations, Global Underwater Explorers (GUE) and Unified Team Diving (UTD). A number of organizations, especially those teaching technical diving, also teach principles quite similar to DIR.

### **ORIGIN**

The origin of DIR in scuba diving can be traced back to cave diving in the 1990s, especially in the Woodville-Karst Plains Project in Florida, one of the most ambitious cave diving projects in the world.

Given the extreme, and dangerous, nature of the dives done there, a need arose to minimize risk, and this was done through a strong focus on basic skills, on planning, and on a uniform approach to equipment. This would allow everyone to know how each other's gear worked and how it was set up.

Two of the divers in the WKPP are in particular associated with DIR, Jarod Jablonski and George Irvine III, who formalized the system. The term "Doing It Right" is accredited to Irvine. From extreme cave diving, the DIR principled spread into other kinds of technical diving, and from

there, to recreational diving.

### PHILOSOPHY AND SKILLS

The main philosophy is that risk of diving can be reduced by focusing on key skills, including finning techniques, navigation, trim and buoyancy, and equipment setup. Diving is always done in teams, which may consist of two or more divers. Everyone in a team should be aware of each other's roles, and be familiar with each other's equipment setup, in case of an emergency. Approaches and equipment is deliberately kept simplistic (more on gear in part two of this article), and all divers are considered to be responsible for the safety of each other.

In this sense, the philosophy isn't that different from other organizations, but the degree of focus is. For instance, all exercises during training dives are taught mid-water, hovering in perfect trim (meaning the diver is perfectly level), right from the first dive on the intro course.

Other skills that are emphasized are finning techniques, and learning different finning styles (typically flutter kick, frog kick, and bent-knee cave diver's kick, as well as reverse kicking, for backing up) are taught.

Standards are set as to the students' and divers' fitness levels, too. DIR is the only system that has swimming tests on all levels of training, and divers are required to maintain high level of fitness, not be overweight or smoke (smokers are not permitted to enter DIR courses).

# How to Spot a Diver

## You can spot divers by:

Funny Tan Lines
Big Watch
Says "Huh" alot
Bad shocks and springs in car
Scars from trigger fish bites
Expertise on anti-histamines

## You can spot old time divers by:

Funny Tan Lines
Big Expensive Watch
Old Jeep with bad shocks
Log Book has volume number on cover
Deaf in at least one ear
Has multiple scars.
Has cylinders older than you are
Talks about making their first wet suit
Dive gear is faded
Limps from Dysbaric Osteonecrosis

## You can spot newbie divers by:

Sunburned
Timex Watch
Nice car
Fills in all the blanks in their logbook
No diving related scars
Says "Wow, did you see that" alot
Equipment looks nice
Perfect hearing

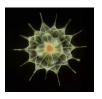
# FUN Facts You May Not Know (or forgot)

A swallow of sea water contains millions of bacterial cells, hundreds of thousands of phytoplankton, tens of thousands of zooplankton, diatoms and other assorted microbes. A few pictures might be interesting (taken with a microscope).













So the next time you take a swallow of sea water, there's protein there also.



## Warm Water Trip

Sharkbait Dive Club invites one and all to the Island of Cozumel on the Yucatan Peninsula \*Revised 5/24/17

Join us for a week of warm water; spectacular diving, good food and good company. Divers and non-divers alike are welcome.

When: Saturday, November 4th to Saturday, November 11th.







Secrets Aura Cozumel is the perfect getaway for endless fun in a

beautiful destination. Located on the small island of Cozumel, just 12 miles off the coast of the Yucatan Peninsula, this is a recently renovated luxury resort with amenities such as

- (1) limitless access to gourmet à la carte dining options without reservations required
- (2) unlimited international and domestic top-shelf spirits
- (3) unlimited natural fruit juices and soft drinks
- (4) 24-hour room and concierge services
- (5) pool and beach wait service
- (6) daily maid service
- (7) free
- Wi-Fi and
- (8) all taxes and gratuities included. In addition to the above amenities, your experience at Secrets Aura Cozumel also includes: Complete access to the bars, restaurants and pools next door at Sunscape Sabor Cozumel.

Check out this site for dive spots: http://reefsofcozumel.com/pages/reefmap.html









# The Diving:

Dive House offers two tank boat dive trips twice daily with departures at 8:00 AM and 1:00 PM. Dive sites are decided upon by the divers on the boat and usually include one "wall" dive and one reef dive. Night dives are available on Monday, Wednesday and Friday. Dive House is a PADI 5 Star Dive Resort.

They own and operate five boats all fully equipped with VHF radios, depth sounders, DAN oxygen units, first aid kits and life vests. The four larger boats, a 46' Sea Ray, a 42' Sea Ray, a 35' Bruno Stillman and

a 30' Island Hopper, are also equipped with camera racks, heads, freshwater showers and water level dive platforms with ladders. Boat capacities vary and can accommodate between 8-26 divers, ideal for individuals as well as groups. For individuals, the maximum number of divers per boat is limited to twelve.

They have developed an "Experienced Diver Program" where divers are grouped on boats according to their own experience level allowing them to enjoy their dives in the company of other divers of similar experience level. Gear storage lockers, fresh water showers and gearwashing facilities are available at all locations.

Scubapro rental equipment available.

These two southern sites, Punta Sur and Maracaibo, are available weather permitting for a bit more \$\$.

The Package:

Secrets Aura Cozumel

Double occupancy: \$1,275 per diver for 7 nights, all inclusive, Pool View Jr Suite.

\$ 840 per non-diver for 7 nights, all inclusive, Pool View Jr Suite.

Single occupancy: \$ 1,205 per diver for 7 nights, all inclusive, Pool View Jr Suite. Includes taxes and airport transfers. \*Applying for discounts and 10% commission.

Diving:

5 days of 2 tank morning dives are included. Weights, tanks, and a guide are included. 32 pesos per person per day for Marine Park fee. Night dives are additional at \$57 each.

\$100 Deposit due to reserve; Balance due by September 1, 2017

Cancellation allowed prior to September 1st with no penalty. Penalties increase after 60 days.

Air Fare: (not included)

Available on several airlines; currently airfare is about \$665 RT (United) to \$747 RT (American) for a decent one stop flight.

Other Info

Contacts: Jeff Tunstall: (310) 913-1105 (cell) A passport is required.

Email: jtunstall@bolcofplastic.com or

Silvia Swigert (714) 349-0872 Email: SilviaSwigerts@gmail.com



# **Upcoming Dives**

## Change in Beach Procedure

Participation in our beach dives has been pretty spotty of late and to save Martin the hassle of getting to the dive site and having to abort because no one is there we have initiated a RSVP protocol. If you are participating in our beach dive, E-mail Martin at n1diver@aol.com or call at 714-833-9167.



www.clipartof.com - 441036

# August 19 Night Dive Shaws Cove Laguna Beach 7:00 PM RSVP Martin

Although you've been scuba diving many times before, at night you drop into a whole new world and watch it come to life under the glow of your dive light. The scene changes as day creatures retire and nocturnal organisms emerge. If you've wondered what happens underwater after the sun goes down, join us for a fun and interesting time on our night dive at Shaws Cove.

Shaw's Cove is one of the most popular dive sites in Orange

County. It is well-protected from large swells, making it highly suitable for the beginning beach divers. For this reason, many scuba classes are held here every weekend.

The reef consists of a jumble of very large boulders, separated from each other by a maze of trenches. During low tide, you can wade out quite a bit due to the flat bottom. Most divers check out the western side as there is a crevice that leads to Crescent Bay. The crevice is in 15-20 ft of water depending on the tide. There can be a strong surge and there is an arch, creating an overhead environment. There are plenty of smaller channels into the reef as you go deeper.



## September 23 Boat Dive Oil Rigs

Join us for three dives on the Asante Dive Boat at the Oil Rigs. The Asante docks close to Ports O' Call Restaurant in San Pedro. We board at 6:30am, and leave at 7am sharp.

Cost is \$145 (includes air fills and food).

Please call or visit the Seas The Day Store in Brea as soon as possible to make your reservation. Spots for this trip normally fill quickly. Scuba gear also available for rent.

Diving the oil rigs is an advanced dive. The drop off and pick up of divers is done as a live boat procedure, where the Captain maneuveres as close to the structure as possible, puts the engines in neutral and one by one the divers jump in after instructed to do so, swimming into the rig and descending for their dive.

When the divers are done with their dive they are instructed to stay close to the rig NEVER swimming out towards the boat until told to do so. The captain again maneuvers the boat as close to the structure as possible, puts the engines in neutral and then the divers are instructed to swim to the boat to be picked up, usually in small groups.

Once underwater under the Oil Rig, their legs and cross braces make a home to life such as anemones, sponges, fish, crabs, scallops, starfish, mussels, nudibranchs and much more. All this in a small area and then to top it off you have the schooling fish and sea lions. Diving the rigs is an awesome experience especially on the days with 50' plus visibility.

# **Don't Forget Our Sponsors**

We are fortunate to have a great group of sponsors who contribute to the success of SharkBait Dive Club. Without their help and support, we wouldn't be able to provide the benefits that membership in SharkBait gives our members.

We need to do our part also by supporting our sponsor/friends with our continuing business support. When considering a purchase of equipment, a class or a trip, or when you have that irresistable taste for Italian food please remember our sponsors. They are great partners!!!!



1039 E. Imperial Hwy, Suite F1 Brea, CA 92821

Tel. 949.220.0500

Mon Closed Tue – Sat 10am – 7pm Sun 12pm – 6pm



17487 Imperial Hwy Yorba Linda, Ca 92886 (714) 524-2770 http://www.grazianosrestaurants.com/

# Club Information



Monthly club meetings with speakers and raffle prizes Monthly Newsletter Land-based Club activities and events for the whole family Organized local dives Resort warm-water trips Good dives and good buddies Membership costs are as follows.

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New Membership: Single \$40 pp Family \$50 (couple/family) Renewal: Single \$30 Family \$40

membership renewals are due in February for all current members. New members dues will be prorated depending on the month they join the club

Dive Club members will receive from Seas the Day SCUBA

- \*10 free air fills, or 5 free nitrox fills
- \*10% discount on all merchandise except cameras and camera equipment, weights and cylinders (very skimpy markup on these items)
- \*discounts on boat trips with the club.

## **Club Board Members**

### President/Speakers/Webmaster

Vlad Ilinsky

vilinsky88@gmail.com

#### Vice President/Membership

Alf Johnson

alfjohnson1@gmail.com

#### Secretary/Beach Dives

Martin Carreon

n1diver@aol.com

#### Treasurer/Boat Dives

**Dave Stewart** 

dasrm731@charter.net

#### Co-Social Media (Meetup) Warm Water Trip

Silvia Swigert

silviaswigerts@gmail.com

#### Seas the Day Liaison/Boat Dives

**Dieter Jacobs** 

DieterJ457@gmail.com

### Seas the Day Liaison/Beach Dives

Kevin Streeter

kstreeter001@ca.rr.com

#### **Honorary Board Member**

Randy Garzes

# Club Contact/Social Media Information

Website

Sharkbaitdiveclub.org

Facebook

SharkBait Dive Club - SoCal

Twitter

@sharkbait diver

Scubaboard

Scubaboard.com